

LIFT YOUR LION EP

1. Chains

I dream about mermaids that fly
far across the wide open sky
the bitter berries of a cherry tree
I dream of something changing in me

I dream of being free from withing
finally of letting go of my dear pain
I dream of being peaceful and strong
and hardly ever wrong

there's a footpath through the old woods
through the sceneries of my childhood
though the trees are long gone now
the moon leads me there every night

the storm is passing, let it go
what wind has swept away you'll never know
dragonflies are circling 'round the bay
finally the water found its way

'cause you're a bear sleeping in her cave
you're a seagull riding on a wave
let someone else go grab the reins
hold their horse with heavy chains

on the edge of loosing control
by mistake my soul might unfold
any time the urban jungle
could swallow me whole

there's a footpath through the old woods
through the sceneries of my childhood
though the trees are long gone now
the moon leads me there every night

2. Pride

I know I left too soon
but I'm not going back
I know that I was wrong
but I'm not going to crack

I know I'm not a king
don't tell me what I'll be
I know that I am blind
but don't say I can't see

you tear me in pieces again
I rip out the heart from your chest
say you'll take the blame

all my mirrors are facing the wall
so I won't see myself flinch at all
when my conscious calls

show me dear
all your fear
lay your head in my arms
show me more
as my eyes get sore
the pain will wake me up

my pride it lays on my tongue
like a lizard's dying prey –
too big and hairy to be swallowed down
and still I can't seem to let it go

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3. Joy

gone are the days of wisdom
days of innocent youth
gone are my days of wisdom
the times I knew the truth

some say we get wiser with years
I only go down
some say they get wiser with years
I only go down

down with the pressure
of eroding hills
down with compression
of continental plates

in a kittens reckless steps
there's a pattern so careless
like stars splashed out on a canvas sky

on a child's fingertips
there's an ancient joy
pictures so bright they're impossible to hide

4. Lift Your Lion

hey leader
I feel your despair
on your palms
it's all cold and clear

hello kingdom
see that wave drawing near
a million people
from the sea of fear

you say we can't make it but we will
say we can't take it but we do
the sun will rise above the shores

"why are you here?"
sir, it's because you were there
there are consequences
that we all have to share

the echoes of war
they still run in my blood
make me shiver
when I hear you talk

you say we can't make it but we will
say we can't take it but we do
the sun still rises above these shores

you came to this world
to let your soul be heard
rise up from your seat now
and lift your lion on his feet

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5. On My Hands

your eyes are like water
pouring down on me
I feel safe under my tree
where your rain won't touch me

steps I left on your porch
echoed much too far
you lighted up a torch
left me with a scar

you offer me your right hand
hide the other one behind your back
I am struggling not to lay down my guards
for you to reinvade my land

you touch me with your own rules
I don't stand a chance
when floodlights turn our way
the crime lays on my hands

6. Black Horse Wisdom

after my disappointment
my disappointment

one more painful appointment
when will the night end?

I'm reaching towards my core
to pull out a rabbit of a hat
whatever it is I need to feel whole

I'm reaching towards my core
to pull out the instrument of torture
things I do to myself

step by step
the creature that left
adjusts his hooves on my footsteps
he follows my shadows and my lights
he follows me

come push the spirit in me
push the spirit up